



ENGLISH CONVERSATION CLASS
ELEMENTARY
FEBRUARY WEEK N°4

Topic: Learning English

Play this video and answer the following questions:

<https://www.youtube.com/watch?v=p60rN9JEapg>

- 1. According to the video, which study approach is most effective?**
 - A. One long 10-hour study session
 - B. Reading the textbook once without breaks
 - C. Studying only the night before a test
 - D. Twenty 30-minute sessions spread over weeks
- 2. What did the video say about pulling all-nighters?**
 - A. They lead to the highest grades
 - B. They may hurt reasoning and memory for several days
 - C. They are the best way to encode information into synapses
 - D. They are recommended by researchers for practice tests
- 3. Which study habit did the video describe as ineffective and sometimes harmful?**
 - A. Using flash cards during short sessions
 - B. Passive re-reading and excessive highlighting
 - C. Having a specific goal for each study session
 - D. Taking practice tests to find gaps in knowledge
- 4. What effect did expecting to teach material have on learners in the study mentioned?**
 - A. They understood main points better and organized information more coherently
 - B. They performed worse than those who expected a test
 - C. They only memorized facts without understanding
 - D. They stopped using flash cards entirely
- 5. Which recommendation did the video give about studying environment and distractions?**
 - A. Listen to loud rhythmic music while studying for better focus
 - B. Use your phone to check messages during study sessions
 - C. Have a designated study spot and put away your phone
 - D. Study in a new place every 10 minutes to keep things fresh

Answer Key:

1. D
2. B
3. B
4. A
5. C